

Purrrr like a Porsche and rise up to every challenge

Be as Healthy as a Super-Hero in 60 Days for LESS than the cost of a daily coffee

Dear Health-conscious Male,

I want to share this with you because it helped me!

I feel so good now that it makes me want to help others. Maybe YOU. If you'll let me.

Less than a year ago, I was taking anti-depressants and about to beg my doctor for some sleeping pills – better still, a horse pill.

I was paying big bucks for a weight loss program, taking medicine for hypoglycemia and doctor-hopping with a trail of bills behind me.

I thought, OK, what's next?. I'm not quite middle age yet but I was dreading the next onslaught. What'll it be -- chronic fatigue syndrome? high blood pressure? Or what about a lost libido. This last one doesn't sit well with me as I was always a bit of a super-hero in that arena (*well that's how I like to think of myself*).

I'm not kidding... that was another me. It's not the me of today.

What am I like today? Well

- I can lose weight without even trying
- My energy is clean and clear all day – no 'ups' and 'downs'.
- Dealing with stressful situations and people no longer eats away at my nerves
- I've not had a cold or flu for two years
- I can play my favourite contact sport and keep up with the 'young guns'.
- My libido, well I won't say anything because I can't stop smiling when I think about it.

What value or price would you put on this 'turn-around' – and that's exactly what it was for me. What changed?

A very simple decision I made that allows me to:

- Wear clothes 2 sizes down
- Eat and drink whatever I want (within reason)
- Get chatted up by the young women in the office (constantly)
- Feel good about life no matter what's going down (always)

This decision:

- Didn't cost me a lot of dough.
- Didn't take up more of my valuable time.

- And I didn't have to make any personal sacrifices.

Hi, my name is Dr Dean Franklin and I work closely with a fellow doctor who worked very hard for many years to develop the best nutritional supplement specially tailored for middle-age men.

My colleague and I are graduates of the **Johns Hopkins University Medical School**. We first met at the American Health Institute's Industry Conference in Atlanta in 1992. Both of us were there for the same reason – to find out how men like me and you can protect our health and not wait for something to go bust.

Let me tell you about my colleague, Dr. Martin Smith M.D*, the developer of **Mega-Man™**, a break-through Whole Food nutritional supplement for men.

When I met Martin I asked him why he was so passionate about men's health. I had to ask. He would sit on the edge of his chair when a topic was presented. His eyes would narrow and he'd press his lips hard together and nod his head. Other times he'd whip out a spiral bound notebook and scribble notes like he was writing a scrip in a hurry.

He looked like a man possessed. He answered my question with "I watched my dad's health crumble away soon after he retired"....don't let that happen to you...." and continued scribbling.

That night, over dinner, I found out what was eating him.

Dr Martin was forced to face this own mortality when his dad's health collapsed and left him dead by the age of 59.

Dad retired at 55 fully expecting that he was going to relax, spend more time with the family, catch up on old friends, pick up abandoned hobbies, throw himself into his local golf club activities and travel to places he heard about and couldn't wait to see.

All his life he worked hard to build a successful business. He rarely took time off and wore the burden of its stresses squarely on his shoulders.

Finally his family were going to see more of him and do those things he'd been promising, but up to now, couldn't deliver.

But something happened that took all that promise away.

Johns Hopkins University Hospital is rated #1 America's Best Hospital for 17 consecutive years by U.S. News & World Report

JHU's first president, Daniel Coit Gilman, said back in 1897 that JHU was dedicated not just to advancing students' knowledge but also to advancing the state of human knowledge generally, through research. The realization of Gilman's philosophy at Hopkins, and at other institutions that later attracted Hopkins-trained scholars, revolutionized higher education in America, leading to the research university system as it exists today.

JHU remains a leader, in both teaching and research. The School of Medicine is one of the best anywhere, and the Bloomberg School of Public Health is renowned for contributions worldwide to preventative medicine. In recent years, Johns Hopkins has won more federal research and development funding than any other university. The School of Medicine, is the largest recipient of National Institutes of Health research grants to medical schools. The Bloomberg School of Public Health, the first of its kind in this country, ranks first among public health schools in federal research support.

*** Dr Martin Smith MD** graduated from Oxford University then obtained his medical degree from Johns Hopkins University. He is director of the Martin Smith Clinic and Health Awareness Centre, in Staten Island, New York

First dad was finding it hard to get out of bed in the morning. He kept waking up tired. He ignored it at first. But that tired feeling stayed with him all day. Day after day.

Soon he felt unsure, even frustrated with himself. He could not do all the things he set out to do. Everything was becoming a massive effort.

He went to the doctor, got medicine to lower his cholesterol and more medicine to regulate his blood pressure which was acting like a roller coaster.

He thought he just needed to get fitter so he cut down on sugars and fats and started working out with a fitness instructor at the local gym. One day he fainted at the gym and was rushed to hospital. A blood test showed his white blood cell count was dangerously high. Then he was diagnosed with leukemia.

So that's why Dr Martin became very interested in the connection between nutrition and disease. But it wasn't until he was on a sabbatical in Linhai, (a small town to the south of Shanghai), that he had an inspiration that was to give relief to thousands of men years later.

He was researching tonic herbs used by ancient Chinese healers. He knew about communities around Shanghai where the elders lived past 100 and were physically active and mentally alert right up to their last days.

He was sure that everything we need to stay healthy is found in Nature. All he had to do was find a way to harness it.

What he had in mind was to

Slow down the aging process..... boost the immune system....increase energy and vitality....PERMANENTLY

Permanently, meaning right up to and including your old age. You don't have to 'power down' just because you're getting older.

Dr Martin understood that our lifestyle can make it hard to keep healthy. There are things we can help -- and there are things we can't help.

He was very interested in those things we can't help and how to offset them, like:

- exposure to chemicals and pollution every day
- busy work schedule and demands that make you think '*I must be a superhero to get through all this*'
- the toll of stressful situations and difficult people
- not having enough time to explore good nutrition let alone eat it
- letting other priorities derail your effort to exercise or relax every day.

He knew the best thing he could offer was a remedy that could act as a buffer and a compensator for those things we can't help about our daily lives.

You will know that Mega-Man can do something for you if you often feel:

- Irritated, grim or flat
- Energy's running out half way through the day
- Like you're running on the wrong fuel (a turbo car using diesel)

Think about that, because for all you know....

A time bomb could be ticking away inside you and you'd never know it - but YOU CAN disarm it so your health can STAY SAFE.

I thought about this too because I wasn't even middle age yet when I started to notice I wasn't a hundred percent.

When I was studying to be a doctor then a nutrition specialist, I kept long hours for many years. The thing that kept me going (when I could be out with the boys) was knowing that one day all this would pay off for me. I stayed up late to finish assignments and cut into my sleep time.

When I had the time to catch up with my sleep I couldn't sleep. I'd grab a fast food along the way to a lecture, stuffing my face with fries while my mind was elsewhere. Soon I had ulcers and tension headaches almost every day which put me off my food. It started a vicious circle.

The less I ate properly the more my ulcers got worse. The more often I got those headaches the less I wanted to eat. Then I'd drink even more coffee to pick me up and that just made my vicious circle spin even faster.

One morning I read in the local paper about a man who lived just two blocks away from me who passed away at 42!

He did not lead a dangerous life, he was a business-man for God's sake! The article spoke about his passion for his work and how he just kept going and going – like a robot really.

I could see myself in this man and had to admit – I can drive myself like a robot too and treat my health like a fall-guy.

One thing I learned when working closely with Dr Martin Smith – the body is like a machine. It needs tuning (exercise) and to run on the right fuel (diet). Okay you can't avoid stress or become less busy in today's world. This is the challenge.

Life Expectancy will decline without action: experts *(Sydney Morning Herald, 25 Feb 08, pg 5)*

Life expectancy could begin to decline for the first time in more than a century if the world does not tackle an epidemic of chronic diseases....

An international summit in Sydney will be told that four preventable conditions – heart disease diabetes, chronic lung disease and some cancers – are responsible for nearly 60 percent of the world's deaths.

Ruth Colagiuri, an associate professor of public health at the University of Sydney says "The way we live now is making us sick...".

A US law professor, Lawrence Gostin, of Georgetown University says

"...governments are too focused on terrorism at the expense of chronic diseases.....yet the human costs are frightening when we consider that obesity could shorten the average lifespan of an entire generation".

Good health is not only luck of good genes...but a state of mind and body YOU can claim for yourself

Ever had those days when things didn't go to plan, something unexpected turns up and it throws your whole day out?. You end up rushing around madly, stressing about what might happen and then forgetting to eat three square meals a day.

By the end of the day you are drained. If you had too many days like this you would compromise your health in a big way.

I know you can't stop the unexpected but you CAN protect yourself from its bad effects on your body.

MegaMan can protect your health. It's made of hand-picked:

- macro and micro-nutrients,
- Superior Chinese herbs
- Whole Foods extracts
- Super Green Foods extracts.

The terms 'Whole Foods' and 'Super Green Foods' are not marketing jargon. They are words to describe the foods classed by nutritionists as having '*more bang for your buck*'. In other words, they have more nutrients than kilojoules.

This means with the right nutrition, you can TAKE COMMAND OF YOUR HEALTH and well-being and enjoy:

- Energy that doesn't run out on you
- Mental sharpness that makes problem-solving and decision-making easy
- Strong muscles and heart so you enjoy your sport and leisure more
- A solid resistance to viral infections, colds and flu, so you don't waste a day in bed
- A huge reduction in the risk of cancer especially of the prostate – now and into the future
- No more digestive and metabolic disorders so you feel just fine all the time
- A vitality that lifts your libido and gives you a sexual magnetism your partner will find hard to resist and impossible to turn down.

If you had all this then you would enjoy a quality of life that most men can only wish for and many dream about.

This is not speculation. This is feedback from men who have been taking Mega-Man for more than a year.

The biggest concern our happy customers have is the corroding effects of stress on their well-being.

I am sure you know that 95% of all disease is created by chronic stress. Dr. Bruce Lipton (Stanford University), author of best-seller, *Biology of Belief*, researched the effects of stress on the body and came to this conclusion after many clinical trials and field studies.

Dr Martin and I also explored the physical effects of stress on the body. We knew from our research and from findings published in the *Journal of Health and Nutrition* (a joint publication between the Medical Schools of John Hopkins University and University of Colorado) that getting the right nutrition in your body can make it stand up very well to stress.

I'll tell you why stress is so deadly....

Every episode of stress triggers a “fight or flight” response in your body - Can you protect yourself from it ? YES.

This response gears up your body to physically defend itself, OR, to 'run for your life'.

When the body is under stress, muscles tense up, blood pressure rises and adrenalin is released. At the same time Cortisol (known as the “stress hormone”) is released and suppresses the immune system.

When you don't physically use up the adrenalin (with 'fight' or 'flight') it pools in your body. It then acts like a toxin – quietly attacking your organs at the cellular level.

Each time the body is '**Called to Action**' like this, the adrenalin response increases your metabolism.

Because this happens intensely and suddenly, your body can't help but excrete a lot of valuable nutrients like calcium, potassium, magnesium and amino acids.

A state of continual stress leads to vitamin deficiencies, especially the B-vitamins.

Early warning signs of chronic stress are:

- eating disorders
- ulcers, upset stomach and reflux
- headache
- backache
- insomnia
- anxiety and depression
- anger and moodiness

Mega-Man has a combination of nutrients that work together in harmony to protect you from the ravages of stress. Take a look at:

Stress buffers in Mega-man -

<p>Alfalfa – helps heal peptic ulcers and controls reflux.</p> <p>Siberian Ginseng Root - makes your body cope with chemical changes better.</p> <p>Licorice Root – a tonic for the endocrine system and stops mouth and peptic ulcers.</p> <p>Pantothenic acid (Vitamin B5) - is known as the "anti-stress vitamin".</p>	<p>Long ago, the Arabs claimed that Alfalfa made their horses strong and swift. They began to eat alfalfa too and quickly noticed they became healthier than those who didn't eat it. They were so impressed with it that they named it Al-Fal-Fa, meaning Father Of All Foods. <i>Source: Godswaynutrition.com</i></p> <p>In Asia, Ginseng is used for general well-being, especially to boost energy and alertness in older people. It is also used to balance metabolism in the face of stress. <i>Source: bodyandfitness.com – est. 1979.</i></p> <p>Licorice Root has a long history of use by cultures throughout the world, including the Greeks, Egyptians, Chinese and Hindus. It grows wild in southern and central Europe and is extensively cultivated in Russia, Spain, Persia and India. Licorice was so valued in ancient Egypt that even King Tutankhamen was buried with a supply.</p> <p>It supports the adrenal gland. The Linus Pauling Institute (Oregon State University) supports the recommendation by the Food and Nutrition Board of 5 mg/day of Pantothenic acid for adults.</p>
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These stress buffers will make sure:

- ✓ you won't feel physically drained after a stressful episode
- ✓ you will feel more in control of the situation because the stress buffers are slowing down the adrenalin as it races around your body
- ✓ you will seem unflappable to people around you and they'll secretly wish they were as cool as you are under the circumstances
- ✓ you'll find it easier to put a stressful situation in a bigger perspective because your mind is clearer
- ✓ In the long term, you won't go grey overnight but will age slower than your peers.

Even if stress is not such a big deal in your life - and you are lucky if this is true for you - there is another factor which will get you.

No matter how healthy you think you eat, you won't get all the nutrition your body needs from cooked and processed foods

Enzymes are in every natural food. When our stomach enzymes meet the food enzymes, digestion takes place.

But food enzymes are heat-sensitive so they get destroyed by cooking and processing. When you eat cooked or processed foods, it puts an extra strain on your pancreas and gall bladder.

These two organs make up for the lack of enzymes by releasing leukocytes (white blood cells) to finish digestion.

But they weren't designed to do this, so over time, "burn-out" of the pancreas and gall bladder leads to illnesses like diabetes, hypoglycemia, pancreatitis, heartburn and many other digestive disorders.

You can STOP Enzyme-Deficient Foods Making You Sick and Weakening Your Immune System

Every time you eat a food that is processed or cooked, the pancreas draws enzymes from its white blood cells.

This wrongly mobilizes the immune system and has led to the kind of food allergies and intolerances that are now rampant in the West.

Eventually it robs the body of energy and compromises the immune system.

This process is called “**digestive leukocytosis**”.

So on the one hand, stress STOPS your immune system mopping up the adrenalin that’s now charging around in your body with no where to go.

And on the other hand, eating processed and cooked foods STARTS your immune system to react to what it thinks is poison.

This double-sided process is happening to millions of people without their knowledge.

But you can protect yourself from this silent killer once and for all.

Take processed foods – these are low in many nutrients, especially the B vitamin group. No wonder food manufacturers add Vitamin Bs to our milk, cereals and bread (folic acid and omega 3).

The huge rise in chronic bad health is now known to be caused by “long latency deficiency diseases”.

These diseases come about from nutrient deficiencies over a long period of time and include:

heart disease, cancer, stroke, Alzheimer’s, osteoporosis, obesity, diabetes, depression, digestive disorders, endocrine system disorders, thyroid disorders, immuno disorders, Gastro disorders, stroke, high blood pressure, and urinary tract infections.

There is convincing evidence from the works of Doctors Francis Pottinger Jr., Weston Price, and Edward Howell that the destruction of enzymes in the cooking and processing of food is the most significant factor in chronic and degenerative diseases in both humans and animals. It begins with a phenomenon known as digestive leukocytosis. “Leukocytosis” is a pathological condition defined in Dorlands Illustrated Medical Dictionary as “a transient increase in the number of leukocytes in the blood, resulting from various causes, such as hemorrhage, fever, infection, inflammation, etc.”

Leukocytosis was first discovered in 1846. At first, it was considered normal because everyone who was tested had it. Paul Kautchakoff, M.D. later found that leukocytosis was not normal. In fact, **the major cause of leukocytosis was discovered to be the eating of cooked food. It is pathological because the pancreas was never intended to provide 100% of the digestive enzymes needed.**

Raw food produces no increase in the white blood cell count. Man-made, processed, and refined foods, like carbonated beverages, alcohol, vinegar, white sugar, flour, cause severe leukocytosis. Cooked, smoked, and salted animal flesh brings on violent leukocytosis consistent with ingesting poison. Baking, frying, broiling, stewing and canning destroys 100% of enzymes in food.

Nature designed food with sufficient enzymes to digest that food when it is ingested. When enzymes are destroyed to cooking or other processing, ingesting that food triggers the body’s immune system, and it responds with leukocytosis. **Many health professionals are coming to the conclusion that this syndrome is an abusive scenario that puts significant stress on the pancreas, accounting for the enlarged pancreases of people in industrialized societies, and contributing to blood sugar problems such as diabetes and hypoglycemia, as well as the proliferation of chronic degenerative diseases.**

Source: Monthly Health Tips Newsletter from The Wolfe Clinic, Issue 26, Dec 2002. The Wolfe Clinic – over 25 years experience in health & nutrition research.

Imagine a person with an illness — even a “cold”— wanting to get well fast but the body’s immune system is busy compensating for deficient food!

And traditional medicine only treats the symptoms of disease but doesn’t do anything to prevent it!

That’s where you need to step in and take action yourself!.

Megaman’s Whole Food Supplement is the BEST and CHEAPEST insurance against Long Latency Deficiency Diseases

How many people do you know have hopped from one doctor to another, been referred from one specialist to another, hoping to get an answer – a label – a name to their suffering.

You see, long latency diseases percolate for many years before symptoms appear. Once symptoms do appear the damage was simmering for so long that contra-indications appear in the patient. Even the most expert specialist finds it hard to diagnose what’s actually wrong.

By the time the disease is identified, it’s too late. Vast damage is done.

You cross the line and become a patient in the medical industry.

You are then treated with an ever rising supply and cocktail of expensive prescription drugs. All this does is temporarily relieve the symptoms and line the pockets of drug companies.

You don’t have to follow this road.

Good nutrition has a huge impact on your immune system, organ function, hormone balance, and metabolism. When these systems work well together, you are healthy and resilient.

If they are neglected, you become unbalanced and prone to chronic disease. Many people respond to this knowing by resorting to over-the-counter multi-vitamins. But most vitamin tablets go in one end and straight out the other because they are made of isolated nutrients.

“We are confusing ourselves and the public by talking so much about nutrients when we should be talking about foods. Consumers get the idea that diet and health can be understood in terms of isolated nutrients. It’s not the best approach and it might be wrong,” said **Professor David Jacobs**, *Principal Investigator and a Mayo Professor of Public Health at the University of Minnesota.*

What your body *really* needs are the complete vitamin compounds found in Whole Natural Foods. These nutrients operate as a synergy -- they work like ‘teams’ to feed the cells in your body.

Isolated vitamins are missing the whole picture (enzymes, micro-nutrients or cofactors – those little helper nutrients) in their naturally occurring combinations.

Imagine how your poor body must be battling on several fronts –

- Coping with stress reactions;
- Making up for the deficiencies of cooked and processed foods;

And,

- making sense of incomplete nutrition from multi-vitamin pills.

You may think your diet is okay because you follow the RDA's (Recommended Daily Allowances) that were established by the Institute of Medicine.

But RDA's are not yet set to target long latency deficiency diseases.

They are still set for the prevention of acute deficiency diseases like scurvy, rickets, anaemia and pellagra. These diseases are very rarely seen any more in developed countries.

"The key to good nutrition is not simply a proper balance of the macro-nutrients – protein, carbohydrates, and fats – but also of the micro-nutrients that come with eating a wide variety of foods in a healthy diet. Micro-nutrients are not just vitamins and minerals; they also include "phyto-nutrients" -- the many other nutrients found in plant foods like fruits and vegetables. Ironically, while more research is coming out all the time on the importance of phyto-nutrients to good health, many of these critically important micro-nutrients do not yet have established RDA or DRI values!" **Richard E. DuBois, M.D.**, is one of the world's leading authorities on infectious diseases

What makes Megaman better than over-the-counter multi-vitamins? Its Whole Foods and Superior Herbs

By now, you may be wondering what can you do to rescue your health from the:

- Stresses and grind of daily life
- Nutritional deficiencies caused by cooked and processed foods
- RDAs that don't protect us from modern diseases
- A medical system that treats body parts rather than people.

Mega-Man can rescue you from the lack in your diet.

You can feel the extra nourishment take you to a new level of well-being. You no longer have to worry about:

- Your eating habits
- Whether you prefer cooked foods instead of raw foods
- When fresh produce is available (especially during winter)
- How easy it is to access fresh produce – when fast food outlets are everywhere and strategically located to attract busy people like you.
- Finding the time to slice, dice and prepare raw foods even if you went on an all-out campaign against digestive leukocytosis.

Mega-Man contains all the enzymes you need to replace those lost in cooked and processed food (nucleic acids, amino acid complex, bio-flavonoid complex).

Your pancreas no longer has to compensate for enzyme-less food. It can NOW focus on its real job of protecting you from disease

This virtually eliminates digestive leukocytosis and restores the blood to normal.

Within two weeks of taking Mega-man, you will notice:

- ✓ A stomach at peace
- ✓ No excess gas or bad breath
- ✓ Easy bowel motion
- ✓ A good appetite for the right foods
- ✓ A reduced craving for the wrong foods

"Because they are whole and contain a variety of nutrient-dense foods with phyto-chemicals and the complexes only known to natural foods, they are used clinically to reverse diseases and symptoms, to increase energy, and to foster immune system function."
Dr Vic Shayne Ph.D (food researcher)
*** says of Whole Food Supplements*

Megaman's ingredients are carefully chosen on the basis of their ability to work off each other to give you extra nutrition your body can't get enough of from daily foods.

Dr Martin spent 10 years just studying the different chemical synergies of vitamins and minerals. He found that some combinations triggered a 'team synergy' that greatly benefited the human body.

The importance of choline was emphasized in 1998 when the National Academy of Sciences classified it as an essential nutrient. In the past, it was thought that the human body made adequate amounts when needed. However, a study by Dr. Steven Zeisel, from the Department of Nutrition at the University of North Carolina at Chapel Hill, demonstrated that volunteers on a choline deficient diet were not able to produce enough of this nutrient.

He looked at what causes one of the most common deadly diseases of today – high cholesterol. He researched nutrients that are known by nutritionists and health experts to mop-up cholesterol.

Megaman has these nutrients: **Siberian Ginseng Root, Alfalfa, Choline and Hawthorn Berry** – these work together to use up fatty acids and lower and break down cholesterol.

Next, Dr Martin realised that if men were taking care to avoid fatty foods and eat healthy, they may not be getting all the nutrients out of their foods.

Nothing is more wasteful than excreting a lot of valuable nutrients when they could be used by your body to maintain its well-being.

He looked at nutrient combinations that help digestion. **Alfalfa** has enzymes for digesting proteins, fats, starches and sugars. It also regulates the bowels.

Dandelion, Niacinamide and Ginger root normalises your bile and stomach fluids.

PABA (an enzyme) stimulates the bacteria in your small intestine so that it grabs more nutrients from food passing through.

Mega-man is full of Whole Food nutrient complexes, as they occur in Nature, so your body instantly recognises and uses them.

When your body metabolises its food properly it becomes better 'tuned' and you feel better than ever.

This feeling will be so noticeable that you'll realise you actually forgot what it feels like to be at your peak.

Mega-man contains the Super Green Foods not usually part of the Western diet. These are **alfalfa** and **hydrilla verticillica**. Together they:

Alfalfa is an herb that originated near Iran and was first discovered by the Arabs. Numerous stories of alfalfa's positive influence are known, it helped people suffering from malnutrition remain energetic and healthy. Alfalfa is also known to have a quality of making people resistant to diseases. *(Source:*

- ✓ lower cholesterol so you feel lighter and better
- ✓ help absorb nutrients so your body doesn't miss the fuel it needs
- ✓ condition the bowels and break down fats so you don't pack on weight easily

- ✓ regulate blood sugar levels so your energy runs clean all day
- ✓ help the kidneys get rid of excess fluid so no fluid retention
- ✓ cut food intolerances so you don't have to 'eat now, suffer the consequences later'
- ✓ Beta-Glucans in Mega-man help you eat less. When you eat less, you don't get fat, diabetes or high cholesterol.

Mega-man gives you the top nutrients that 'fine tune' your metabolism:

<p>Panax Ginseng – balances metabolism of blood sugars</p> <p>RNA/DAN nucleic acids – improves body's use of protein Boron – metabolises glucose, fats, and minerals like calcium, copper and magnesium.</p> <p>Chromium – enhances the action of insulin – a hormone critical to metabolism of carbs, fats and proteins.</p> <p>Niacinamide – cell respiration – so your vital organs properly absorb nutrients travelling in your blood stream.</p> <p>Biotin – helps metabolic reactions of carbs and fats, and the synthesis of fatty acids, amino acids, and glucose.</p> <p>Vitamins B1 (thiamin) and Vitamin B6 – co-factors for amino acid metabolism.</p> <p>Zinc – helps carbohydrate and protein metabolism.</p>	<p>Source of nutrition information is the National Institute of Health – Office of Dietary Supplements The mission of the Office of Dietary Supplements (ODS) is to strengthen knowledge and understanding of dietary supplements by evaluating scientific information, stimulating and supporting research, disseminating research results, and educating the public to foster an enhanced quality of life and health for the U.S. population.</p> <p><i>Source: http://ods.od.nih.gov/index.aspx</i></p>
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Oh, there is something you may not know about the super-nutrient, Magnesium:

Magnesium deficiency is common today because it is caused by a diet high in processed foods.

Magnesium is a powerful tonic for your digestive system. It is one of the most important minerals. It's vital for over 300 enzyme reactions in the body – more than Iron and Zinc combined.

Over-eating, too much booze, skipping meals, stress, illness and many medicines can cause the stomach to make large volumes of gas. This leaves you with heartburn and flatulence.

Magnesium will neutralise stomach gases. It helps reduce constipation by relieving pressure on the bowel and softening stools.

New data from the Nurses' Health Study and Harvard School of Public Health suggest that a higher intake of **magnesium** can reduce the risk of developing type 2 diabetes, which is one of the fastest growing health epidemics in America. *The Journal of the American College of Nutrition, April 07, Vol 23.*

Magnesium also helps stop clogging of the arteries and reduces the risk of heart disease.

Magnesium levels drop at night so a deficiency leads to poor sleep cycles and unrefreshed sleep.

Because of the power of Magnesium in so many critical areas, the content in Mega-Man is more than the RDA value. In less than a month you will notice:

- ✓ You never feel queasy, heavy or sleepy after a hearty meal
- ✓ You won't have to quickly remove yourself to a quiet corner to deal with 'thunder-pants' (again)
- ✓ When you visit the bathroom to drop some depth-charges, it will be a quick and smooth operation
- ✓ You don't get short of breath quickly if you find yourself racing up a hill, chasing after a taxi, or running after that 'wild child' of yours
- ✓ You sleep through the night and don't wake up groggy but refreshed and recharged instead.

Why age faster than you have to - when you can be the envy of your friends

It's a kick to go to a 20-year school reunion and be told (more than once) that you don't look a day over 30 - compared with the rest of your old school buddies.

Did you know that enough raw fruits, raw vegetables and fresh herbs in your diet can help slow the aging process? But the problem is that you would need a wheelbarrow full each day to get this effect.

Mega-Man's tonic whole herb extracts contain superior natural anti-oxidants at a purity and potency as strong as a wheelbarrow of fresh veggies. Combine that with synergistic vitamins and you have a remedy to stall old age.

The *National Institute of Health - Office of Dietary Supplements* analysed Mega-Man's combination and concluded it provides anti-aging properties. (Report on Anti-oxidants in Natural Foods & Supplements, White Paper, 2002)

MegaMan's recipe for slowing down the aging process is:

Anti-Aging properties	<p>Fo Ti root – renowned in China as a “longevity herb”.</p> <p>Nettle leaf – reduces hair loss</p> <p>PABA nuclei acid – slows greying of hair</p> <p>Folic acid – works with vitamins B12 and B6 to ensure our cells are replicated well each day.</p> <p>Vitamin B1 – a shield against the aging effects of alcohol and smoking.</p> <p>Bio-flavinoids – this is the dark pigment in fruits and vegetables. It optimises the tiny blood vessels that carry oxygen and nutrients from the blood to the cells.</p> <p>Vitamin A – for night vision and a healthier skin tone.</p>
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Mega-Man also contains a Super Green food, a wild-harvested rooted algae that's not part of the Western diet.

This algae is packed with phyto-nutrients and it:

- ✓ Mops up toxins left by drugs, diet and environment so your immunity is not quietly attacked
- ✓ Reduces the wear and tear of your body – so you no longer get the feeling that old age is creeping up on you.

Within six months of taking Megaman, *others* will notice:

- ✓ Your hair loss is arrested or slowed down
- ✓ Your skin looks radiant and your eyes are bright and clear
- ✓ Because you feel better you carry yourself better
- ✓ Your well-being makes you cope with the unexpected better than you thought possible
- ✓ You won't disappoint your kids with 'I'm too tired' (or the wife, for that matter)
- ✓ That middle age spread (and love handles) have shrunk so you can fit into those sexy shorts you used to wear
- ✓ All those younger women who like older men will not be able to hide their interest.

Greatly Reduce the risk of all Cancers: Mega-Man's Whole Foods and Superior Herbs have super anti-oxidants

Mega-man gives you the pick of them all.

Together they offset damage caused by “free radicals” that rob your body of oxygen and spawn cancerous cells.

Here are the positive offsets found through clinical trials of Mega-Man at the Martin Smith Clinic:

Anti-Oxidants (allies against cancer)	<p>Super-oxide Dismutase (SOD) – the most potent anti-oxidant found in the body and is the first line of defense against free-radical damage.</p> <p>Glutathione – detoxifies the liver and protects you from environmental toxins like heavy metals and pesticides that can find their way into the body from skin contact or inhalation.</p> <p>RNA/DNA - a cell-repairing protein. Roaming free radicals attack cells and damage DNA structure which can cause cells to mutate and become cancerous or die.</p> <p>Ginko Leaf – used in China since the middle ages as an anti-oxidant.</p> <p>Selenium – mixes with proteins and Glutathione to form anti-oxidant enzymes.</p> <p>Manganese – helps your body absorb anti-oxidant vitamins like C and the B group.</p> <p>Vitamin D & E – powerful anti-oxidants that disarm unstable free radicals.</p> <p>Vitamin A – shields you from cancerous effects of pollution.</p>
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This is truly a break-through.

You see, half the men who are diagnosed early with prostate cancer can choose to delay invasive treatments. They can take time to explore less aggressive alternative therapies.

See what these Doctors have to say about this approach:

“Research has shown that men with low-risk prostate cancer [usually caught early] can safely wait up to six months to get treated without jeopardizing their chances of cancer progression. This is good news as radiation therapy, surgical removal, hormone therapy... most of these treatments are “fairly intense,” often triggering side effects like urinary incontinence and erectile dysfunction. That allows some time for healing foods, herbs and supplements.”

Dr. Timothy J. Wilt, Professor of Medicine for the Minneapolis VA Center for Chronic Diseases Outcomes Research.

“Prostate cancer can be a long-smoldering deal without rapid growth. So during the period when conventional medicine has nothing to offer, we tell patients to incorporate natural therapies....For men who have just been diagnosed with prostate cancer, I’d suggest Selenium and vitamin D, which are anti-cancer,”

Dr Erik Altmann, a California-based naturopathic physician.

“In addition to inhibiting cancer growth and slowing cancer progression, Vitamin D has been suggested to prevent prostate cancer,”

Dr Yi-Fen Lee, PhD, Assistant Professor of Urology at the University of Rochester Medical Center.

“...The trace mineral Selenium may be crucial for cooling the fires of excess oxidation,” **Dr Aaron E. Katz**, a physician at the Columbia University Center for Holistic Urology and author of ‘Dr. Katz’s Guide to Prostate Health’.

Resist Flu, Colds and Viruses like an Iron Man

You have better things to do with your body than provide a battle ground for germ warfare.

The Super Green Foods in Mega-man fortify your immune system so you can resist viruses. When your body has to fight infections all the time, it gets weaker and less energetic.

The chlorophyll in Super Green Foods prevent or treat ailments like: intestinal ulcers, gastritis, liver disorders, eczema, hemorrhoids, asthma, high blood pressure, anaemia, constipation, body and breath odor, bleeding gums, and infections.

The Super Green Food in Mega-man is **Hydrilla Verticillica**. It's known as a bio-potentiator which means it helps your body absorb all other nutrients so:

- ✓ You won't have to suffer *every* winter from a flu or cold.
- ✓ You won't need the flu vaccine
- ✓ You won't waste a day in bed congested and run-down.
- ✓

Mega-Man's combination for the immune system rivals any age-old remedy:

Immunity booster	<p>Beta-carotene - protects cells from free radical damage, enhances immune system.</p> <p>Beta-Glucans (extracted from oats) boosts resistance against bacterial and parasitic infections.</p> <p>Panax Ginseng – works with Vitamin B6 to build resilience by supporting the adrenal glands and boosting your immune system.</p> <p>Licorice Root – a tonic for the glandular system</p> <p>Bio-flavinoids – work with Vitamin C to create anti-bodies which fight infection.</p> <p>Zinc – is a co-factor for the anti-oxidant enzyme superoxide dismutase (SOD) and has gained popularity for its use in preventing the common cold.</p> <p>Ginger root – in India it is used to relieve headaches and colds.</p> <p>Nettle Leaf – reduces allergies</p> <p>Ginko Leaf – relieves coughs and Asthma symptoms.</p> <p>Magnesium - promotes relaxation of the bronchial muscle.</p>
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Have a quality of Energy that stays switched ON all day

There's good energy and there's bad energy.

I used to rely far too much on bad energy.

Because of my vicious circle with my health (I talked about earlier), I would drink more and stronger coffee to pick me up and steal some extra energy to get through the day.

I'll never forget how I used to crash on a couch when I could – from exhaustion – only to find that I couldn't drift off because I was buzzing.

“This is just one of the problems that Mega-man fixed for me”.

The Super Green Foods in MegaMan are rich in Chlorophyll which is full of Magnesium. Magnesium is to plants what Iron is to our blood – an **energy** supply.

- ✓ This means your endurance, energy and stamina are optimised.
- ✓ Your energy doesn't dip or rise but stays clean and clear all day.
- ✓ Imagine a solar panel that's just been charged with the cleanest form of energy there is – that's what you can have.

A key ingredient in Mega-man is Glutathione - a naturally occurring anti-oxidant in the body. When there is not enough of it Chronic Fatigue Syndrome (CFS) can develop.

CFS patients are usually depleted in Glutathione. Dr Paul Cheney (CFS Researcher) believes that glutathione depletion is one of the main issues in Chronic Fatigue Syndrome patients.

Glutathione detoxifies the blood and stops your immune system from being over-run by viral and blood infections.

Dr Martin has also added to Mega-Man **Phosphorous, Potassium, Pantothenic acid, Magnesium, Niacinamide, Vitamin B1 (thiamine), Vitamin B2 (riboflavin).**

These all act in harmony to release Energy from the metabolism of Fats, Proteins, and Carbohydrates.

- ✓ You will get through long afternoons without those energy-sinks you always thought were “normal”
- ✓ With an alert, on-the-ball mind, you won't miss a trick
- ✓ Learning new skills will no longer be a dread, but a challenge instead
- ✓ Others around you will notice a smoothness in your dealings with them, you will appear more relaxed and in control
- ✓ You'll be the living embodiment of the ideal of “working smarter, not harder”.

You can nourish your Prostrate and stop incontinence from ever developing

- Do you find yourself having to pee more often than you can justify?
- And when you go, instead of a steady stream, do you get dribs, drabs and spurts?
- After going, does it often feel like the bladder is not completely emptied?
- And at night, are you having to visit the toilet more than once?

If you answered Yes to some or all of these questions, you may have a prostate problem.

Enlargement of the prostate affects about half of men over 50. There are three conditions that can afflict the prostate –

- Prostatitis (inflammation),
- Benign Prostatic Hypertrophy (enlargement),
- Cancer.

Most prostate problems are BPH which reduces urine flow in nearly half (43%) of men over the age of 55. It means getting up often in the middle of the night.

Prostatitis is a benign condition where the prostate becomes inflamed and painful. Unlike BPH or prostate cancer, it commonly affects younger men. Although it's painful and debilitating, it's not life threatening.

Chronic inflammation of the prostate is often triggered by a high animal-fat diet.

Mega-man has a collection of nutrients that nourish the prostate and are a tonic for the reproductive system.

Prostate protection	<p>Zinc – a deficiency is linked to prostate disorders. It's the mineral that regulates testosterone.</p> <p>Vitamins C, D & E – in cases of an enlarged prostate it helps reduce the risk of infection. C makes peeing easier due to the vitamin's diuretic effect.</p> <p>Nettle leaf – at tonic for the urinary tract.</p> <p>Pumpkin seeds (Whole Food extract) - rich in amino acids and phyto-chemicals. It also has high amounts of zinc, iron and phosphorous. Pumpkin Seed is commonly known to help treat and prevent BPH.</p>
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You can say goodbye to:

- ✗ Interrupted weak stream
- ✗ Bladder never feeling empty
- ✗ Night pees
- ✗ Frequent, urgent pees.

Electrify your sexual performance and pleasure

It's true that sex drive dips as we get older, and when a man is ready to give, sometimes he doesn't quite rise to the challenge.

As we age, our arteries harden and clog up. This causes circulation problems and a penis can't rise without a good blood supply.

It's embarrassing to have a less than firm erection, causing those awkward false starts in the bedroom.

It feels more natural for a man to get his woman into a state than for her to have to wait for you to catch up to where she is on the sexometer.

Imagine leaving her breathless and pink with a look on her face like the cat that's licked the cream.

This is not something that only studs can deliver but a quality you can develop in yourself that's been dormant for some time

Mega-man boosts your vitality by giving you the choicest age-old nutrients famous in many old cultures for their effect on the sex organ.

Vitality – sexual	Siberian ginseng Root - increases sexual vitality Fo Ti Root – a sexual tonic and rejuvenator, increases semen. Panax Ginseng – boosts the sexual system and fixes erectile dysfunction. Sarsaparilla Root – for centuries used by indigenous peoples of Central and South America for sexual impotence. Niacinamide – synthesises sex hormones. Biotin (Vitamin B7) – promotes normal health of male gonads Vitamin E – sexual appetite stimulator (cheaper than oysters) Beta-carotene - helps your reproductive system function properly.
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You would have to consume huge quantities of fresh and raw foods every day to get enough nutrients to prevent all diseases caused by dietary deficiencies. Mega-man gives you what you need without the bulk and hassle.

By taking Megaman, you are giving your body the best possible protection, even when you can't always keep to a good diet.

Mega-man is available only thru Dr Martin's Clinic but you don't have to go there to get it. Instead, we can FREE-DELIVER TO YOU either by:

- On-line Order Form from our web-site,
- Mail Order Form that comes at the end of this letter, OR
- Over the phone (this is the quickest and we will dispatch your supply same day)

Oh, I nearly forgot. There is more I need to tell you.

EVERYONE faces the possibility of slowed mental capacity as they get older but you can avoid the 'brain drain'.

According to the American Academy of Neurology, one out of ten men over 65 suffer from Alzheimer's disease.

Studies prove that with each passing decade after our 40s, our memory, mental acuity, and cognitive powers decline.

And for some, dramatically.

Dr Peter Rabins M.D., Co-Director - Division of Geriatric and Neuropsychiatry, of Johns Hopkins University School of Medicine, has found that when we reach our 40's and beyond, our mental powers slowly diminish, to the point where it can affect our work, our relationships, and even our safety and health.

Mega-man has nutrients that counter-act mental decline.
 After all, the brain is very much like a muscle –
 if you don't use it you lose it.

And why wouldn't you use it?

Well if your health is not so great, or your body is out of kilter in any way, guess what goes out in sympathy with your body.....your brain.

So it's a very good investment indeed to protect your brain cells from the same type of deterioration that your body is subjected to.

Mega-man has nourishment for the brain:

Brain	<p>Siberian Ginseng Root – improves concentration and memory</p> <p>Gotu Kola Leaf – one of the herbs prized by Indian Yogis for memory-enhancing properties. Also relieves mental fatigue and promotes calmness and clarity.</p> <p>Ginko Leaf – used in China since the middle ages as a brain tonic. Improves blood circulation around the body.</p> <p>Inositol – a simple carb that has properties which protect you from depression and anxiety.</p> <p>Choline – another brain tonic that targets memory loss.</p> <p>Niacinamide (Vitamin B3) – a memory enhancer and stimulates mental alertness.</p> <p>Magnesium – relieves tension headaches, muscle tension & Migrane. Low magnesium levels have been found in chronic migraine sufferers.</p>
Cells	<p>Potassium – maintains fluid and electrolyte balance in cells.</p> <p>Niacinamide (Vitamin B3) – cell respiration</p> <p>Vitamin B12 – maintains cellular health by strengthening the myelin sheath that surrounds nerve cells.</p> <p>Vitamin B6 – helps your body make the haemoglobin in red blood cells that carry oxygen to vital organs in the body, and that includes the brain.</p>

Protect your heart from the common diseases of today

Cardio-vascular diseases are still plaguing us today. Why not protect the power-house of your body, the heart. After all, it pumps the blood and oxygen that deliver nutrients to your whole body.

Mega-man has nutrients your heart just loves:

Heart & blood	<p>Siberian Ginseng Root and Nettle Leaf – lowers blood pressure and cholesterol.</p> <p>Hawthorn Berry and Panax Ginseng – tonic for the heart and regulates blood pressure.</p> <p>Ginko Leaf and Niacinamide (Vitamin B3) – improves blood circulation.</p> <p>Magnesium – regulates heart rhythm, normalises blood pressure and prevents or manages cardio-vascular diseases. It helps dilate the coronary arteries which improves oxygen delivery to</p>
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	<p>the heart. It can reduce vascular pressure and prevent blood clots.</p> <p>Low magnesium levels have been found in patients who have died from heart attacks.</p>
<p>Blood purifier (blood transports nutrients to the cells in your body)</p>	<p>Nettle leaf – cleanses blood.</p> <p>Bio-flavonoids – nourishes the tiny blood vessels (capillaries) that carry oxygen, hormones, nutrients, anti-bodies from the blood to the cells.</p> <p>PABA (protein) – food for red blood cells</p> <p>Inositol – a simple carb that is a preventative for diabetes</p> <p>Manganese and Magnesium – controls and regulates blood sugar levels</p> <p>Iron – regulates the balance of red and white blood cells</p> <p>Vitamin B12 – works with Folic Acid in synthesis of DNA and red blood cells.</p>

Imagine, no matter how hectic your day turns out, you will feel:

- ✓ No more shortness of breath or heavy feelings in the chest
- ✓ Your pulse at rest will be normal
- ✓ You stand up to changes in weather temperature without the shivers or breaking out into a sweat.

So if it feels like 'old age is creeping up on you'.....STOP IT RIGHT THERE !

Give it the 'about face'!. NOW is the right time to -

Seize the opportunity in your mid-life to make the right turn at the cross-roads of health.

Your lifestyle keeps you pretty much on the go non-stop.

Your work and your family all want a piece of you and you give it willingly.

Don't wait until you get sick to do something about your health. Take up our Special Trial Offer to road-test Mega-Man yourself.

There's no obligation and a full money-back Guarantee if you're not satisfied that Mega-Man is improving your health.

What's in store for you if you do take up this offer?

- ✓ Mega-man restores the balance of vitamins and minerals lost by stress, pace of life, and diet, giving you **a much greater chance of living a long, healthy life.**
- ✓ It slows the effects of aging, reduces the chemical reaction of stress, and stimulates your body to supply you with **a cleaner energy all day.**
- ✓ And on those days when you wolf down a burger, you can make up for the nutritional shortfall guilt-free.

- ✓ No more anxiety about eating too little or the wrong foods because you were too busy.
- ✓ You'll be an inspiration to others with your '*forever young*' attitude and appearance.

You can protect and fortify your health, difuse the time bomb and take full control of your body's well-being.

Mega-man is an ally in the battle for good health, and makes it **easy for you to win:**

Researchers at the USDA's Jean Mayer Human Nutrition Research Center on Aging at Tufts University in Boston have recommended that:

"The convenience and benefits of whole food supplementation make up for the failings of the daily diet. And in many cases, whole food supplementation has reversed symptoms and restored quality of life to those with impaired health."

- You can take it any time, even on an empty stomach.
- The dose is one tablet three times a day - so if you are prone to skipping meals, here is your reminder.
- If you often grab fast food, this compensates for the lack of nutrition.
- There are no synthetic additives so no build-up of toxins in your body.
- It contains Super Green Foods and Superior Herbs – foods that give you "more bang for your buck".
- Even if you skipped a meal you can partially replace a meal.
- If you are late with a meal, you can take your dose without affecting your appetite or palette.

When your body is optimised so are you. You are then free to enjoy:

- ✓ A zest for life that surprises and delights you
- ✓ An improved focus at work or business
- ✓ You'll knock over every challenge and problem like the pins in a bowling alley.
- ✓ Imagine the admiration from your family and peers who are inspired by your energy and go.

Try Mega-man. Give it a go. Your health can't wait. Subscribe NOW and get FREE best-seller books on nutrition

If you were to wait until you come down with something and then see a dietician or doctor specialist, it would cost you around \$100 for each 20 minute consult with no money-back guarantee of help or a result.

As a Mega-man subscriber not only do you reap the benefits of this "elixir of life" but you gain the nutrition knowledge you need for a fraction of that price.

With Mega-man you have a much greater chance of arresting any simmering health issues you may not even be aware of.

If you don't agree - you have our solid Guarantee of a full refund within 60 days of receiving your order.

When you subscribe to Mega-man, you get FREE books on nutrition by leaders in the field.

Once you have subscribed for 90 days you automatically get each month for FREE with your supplement, a copy of the Institute of Medicine's, *Health as Wealth* monthly journal. This journal deals with the latest findings and research about nutrition, health and longevity which is normally only offered to the Institute's sponsors and suppliers.

You have MY guarantee as a Medical Doctor (backed by 20 years of research) and a user of Mega-Man for two years now, that you will be receiving the most superior supplement on the market.

Don't just take our word for it, grab our special trial offer so you can see the results for yourself.

Option 1

We offer you a 30-day supply (90 tablets) at the special introductory price of only \$49.95. **This offer is open till 30 June 2008, so Act Now.**

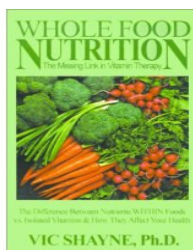
Why is this offer so good?

The usual price for the first month's supply is \$59.95.

AND With this offer not only do you get the 30-day supply at \$10 OFF the normal price, you also get some very valuable material which you can use to better understand your health and have useful knowledge at your finger-tips.

With this introductory offer of only \$49.95, you get for FREE (and for keeps):

- A *Men's Health* Magazine issue which has a special feature on "10 Ways to Slow-Motion Aging". (one issue of Men's Health magazine retails at \$5.95)
- A booklet on the Top 20 Super Foods by nutritionist Catherine Saxelby which lists their nutritional content and what they do for your body, and, how some super foods compliment each other. (you would never find the time to research this information yourself and then cross reference it).



AND, that's not all.

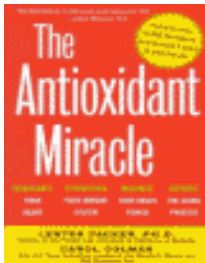
We **GIVE YOU** Dr Vic Shayne's highly acclaimed book "Whole Food Nutrition, the Missing Link in Vitamin Therapy: The Difference Between Nutrients Within Foods vs Isolated Vitamins & How They Affect Your Health"

which retails for \$23.95, but you get it FREE.

OR – Option 2,

You can choose to economise. Subscribe to our 60-day supply for \$79.95. That's \$30 OFF the special introductory price for the 30-day supply.

With this option you get all the complimentary material for the 30-day offer for FREE PLUS -



The Antioxidant Miracle, by Dr Lester Packer, the world's foremost authority on anti-oxidants.

It's retail price is \$22.99 – but you get it FREE.

“Imagine there was an easy way you could keep your heart strong, your mind sharp, your body youthful. Imagine improving your sex life, preventing cancer and heart disease. These and other benefits are the miraculous results of antioxidants.”
Lester Packer.

OR – Option 3,

For an even more economical option, try the 90-day supply for \$105.95. That's \$43.60 OFF the special introductory price for the 30-day supply.

With this option you get ALL the complimentary material for the 30-day offer AND for the 60-day offer for FREE PLUS -



This BONUS:

The Great American Detox Diet, by Jamieson Alex (dietician at the New York Health & Fitness Centre)

Its retail price is \$29.99 but you get your copy FREE.

“This terrific book literally teaches you ‘how to have your cake and eat it’ for those of us who equate ‘pleasure foods’ with good living. You can learn what healthy whole foods can be eaten in tandem with the naughty foods that will counter-act the damage”.
(Don Dunstan – book reviewer, Amazon).

MEGAMAN INSTITUTE GUARANTEE

It doesn't matter which Option you choose, our Guarantee stands.

If you are not completely satisfied that your health is improving and that you feel better since taking Mega-Man, you can get a full refund within 60 days of your Order arrival date.

Just return the books (unmarked) and any un-opened Mega-man bottles (tamper-proof sealed) to our address on the Order Form.

You KEEP the magazine and the booklet.

We will promptly REFUND YOU THE FULL COST (including return postage).

Yours sincerely,

Dr Dean Franklin, Co-Director
Martin Smith Health Clinic

P.S. Here are comments and feedback from some Mega-Men subscribers. All have taken Mega-man for at least 90 days.

I started getting lots of colds and flu-like symptoms ...My wife thought it was because I never had my tonsils out when I was a kid. Needless to say, I was concerned, I had always been very healthy. I've been taking your formula for 3 months now and have not experienced even the slightest sniffle.

J. Cromby, Annandale

I have a demanding career life and I love it. The problem is though, my schedule is so hectic, I rarely have the time to eat a healthy and nutritious meal. Breakfast is a cup of coffee. Lunch is a cold sandwich.....eaten at my desk. Dinner? Well, if I'm not eating heavy restaurant food with a client, I just order pizza. By taking your formula I manage to replenish what my regular diet doesn't give me. Your formula makes me feel better about missing a meal, especially when I am flying because I know I'm getting all the vitamins, minerals, and nutrients I need....even with airplane food".

- H. Walters, Berima

Being a single dad, I need to keep my energy level up to keep up with my 2 and 4 year old sons. It's not easy, I can tell you. I've found that your formula helps me to maintain the balance I need in the time I divide between work and home. During the weekend, I have more energy to keep up with them.

- T. Young, Wolstonecraft

I really looked forward to retirement. Couldn't wait to hit the "golden years". But all of a sudden when I turned 65, I started to feel my age. I thought my sexual prowess had gone the way of the Dodo. And that made me feel even older. My wife didn't say anything, but I knew what she was thinking. After taking your formula for a number of months, all I can say is , talk to my wife. Now if we do decide to hit the sack early – I keep my wife awake, if you know what I mean!

- K. Rogers, Janali

As Director of the Concord Health Institute, I see our job as being more than just a mini-vacation for our patrons. Your formula has been officially added to the standard meal plan here at the spa. And we do our best to teach our patients how important complete nutrition is for their overall good health and well-being. And of course, returning to the stressful environment of their busy lives....they need something to take back from the Institute to help them maintain their health and energy. We send a complimentary bottle of your formula home with other materials that we include in our "Re-entry Kit". Your formula does the job at a very competitive cost for us.

- E. Lexton, Forbes ACT

PPS - If you are curious and what to know what Megaman subscribers really think, then check out our Frequently Asked Questions page at the following website link:

www.megaman.com/FAQs